

BIOTHERAPEUTIC DRAINAGE

Basic Liver and Kidney Drainage

3 UNDA Numbers

1 Phytotherapy

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Biotherapeutic Drainage

The human body is bombarded with toxins, resulting in an accumulation that can endanger overall health. While the body has the potential to naturally eliminate these toxins through its emunctories (liver, kidney, stomach, intestines, lungs and skin), the elimination efficiency can vary depending on the amount of toxic accumulations. Biotherapeutic Drainage works at an intracellular and extracellular level to help facilitate the emunctories to overcome toxic accumulations and rebalance the body's natural process of eliminating toxins.

What is
BIOTHERAPEUTIC
DRAINAGE™ ?



Biotherapeutic Drainage vs Detox

Biotherapeutic Drainage is different from detox. Detoxification has the potential to stress the body, sometimes pushing it to the upper limits in order to remove toxins. Biotherapeutic Drainage works in a gentle manner on a cellular level within the body's normal capacity to eliminate toxins.

- Works gently without stressing the body
- Deep-acting on a cellular level
- Boosts energy levels



Liver & Kidney Drainage

Biotherapeutic drainage is traditionally used to support/protect the liver and kidneys which are the the body's detoxifying and waste filtration systems.

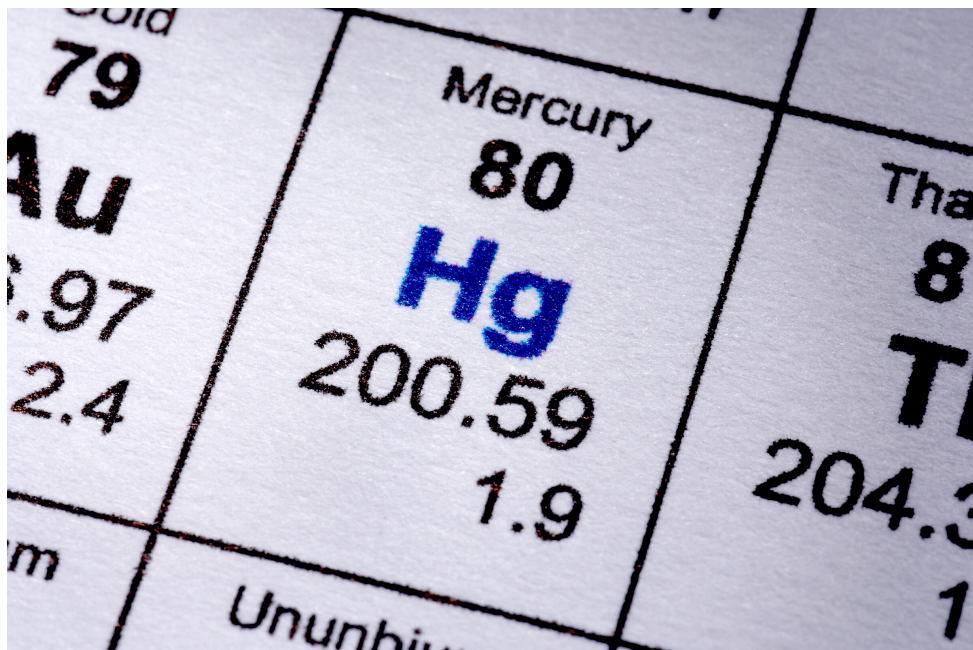
The supplements listed below are a basic drainage routine that should be OK for most individuals to begin their drainage journey. You only want to take these remedies for a total of 6-8 weeks (or 2 rounds worth of each of the bottles). From there, you should seek out the guidance of a homeopath or trained practitioner to guide you the rest of the way.

UNDA numbered compounds have been used for many patients as a part of their treatment program. By observing treatment through UNDA, we found that it is particularly effective in resolving deep issues over months or can take care of acute symptoms quickly. The treatment with the help of UNDA compounds is done through the combination of low potency homeopathic remedies.

There are a total of 76 combinations of UNDA compounds that are being used currently. A pharmacy in Belgium later evolved as UNDA Company in 1949, is responsible for the making of these combinations. The name 'UNDA' is represented as Undulating Water Waves that carry subtle medicinal information. UNDA is a series of remedies that comprises of homeopathic medicines in cell salt dilutions which can be used on babies, children, or adults. They are extremely safe and stimulate the body's vital force, or natural energy source, for life. We all are basically energy beings, and UNDA has the ability to reach deeply into our energy state for improving its resonance and response. UNDA Numbered Compounds can be easily constructed with the help of both metals and plants, which are the only complex remedy of their type, acting on organotropic and energetic sensitivity levels respectively. UNDA compounds are basically the main key in Biotherapeutic Drainage that works on a physiological and terrain level, which makes them an excellent addition to practitioners along with the prevention and treatment armamentarium.

How do UNDA #s Work?

The effectiveness of UNDA numbers lies in their ability to reverse the process of toxic accumulations. These accumulations are generally of material generated within the body, which includes things like stress, inadequate nutrition, or inadequate elimination. There can also be accumulations of materials including metabolites from unassimilated synthetic medications such as heavy metals, antibiotics, pesticides, insecticides, and other pollutants.



UNDA usually encourages the restoration of normal functions in five ways:

1. These compounds support the detoxification systems, which is present within each cell and the detoxifying organ systems, including liver and kidneys.
2. UNDA Compound Numbers usually balance the homeostatic systems, which are basically those systems that seek to regulate the body, including the nervous system, hormonal system, and the cardiovascular system.
3. These remedies work by boosting the efficiency of natural immunity by keeping out what is harmful at the level of the skin and mucous membranes which helps in mounting a fever as a response to an infection resulting in the elimination of toxic wastes.
4. They basically intervene in classes of a disease which is generally manifested by restoring a healthy way of functioning, thereby reducing and eliminating the disease manifestations.
5. After that, they facilitate the action of single homeopathic remedies prescribed with them.

Another way in which UNDA numbers work is that they encourage the elimination done with the help of the body's detoxification systems. Basically, all cells require a specific environment that is inclusive of a narrow range of acid and base, individualized nutrients, and the proper elimination of wastes to survive and function properly.

UNDA remedies basically comprise of drops which can be taken on a regular basis to improve the health of a person. The UNDA remedies can be taken based on acute or chronic conditions:

Acute Conditions: In the case of acute condition of the person, you can take 7 drops of each remedy under your tongue 6 times a day. You can further reduce your UNDA remedy dosage as you see improvement in your symptoms.

Chronic Conditions: In the case of the chronic condition of the person, 5 drops of this remedy can be taken under the tongue three times a day to get improvement.

People having chronic conditions can follow these guidelines to get improvement in their health. If dosing is done as recommended above, then the bottle will last three weeks. The fourth week of the month will have no remedies, and then the re-evaluation is done. You can repeat the same remedies 1 more time if you wish making the protocol last 6-8 weeks.

The UNDA drops will flow from the bottle if it is placed at an angle upside down. There is no need to shake the bottle of UNDA remedy. The solvent present in the form of purified water must be cooler than 120 degrees F, or the remedy will be inactivated. Does not mix all the UNDA remedies together, neither on a spoon or in water and they should be taken sequentially. You should not take any UNDA remedies until at least 15 minutes after taking food, medicines, or anything that may leave a residual taste in your mouth, like toothpaste.

You should not store your UNDA numbered remedies near any strong smelling substances. You should also avoid your remedies from strong light, heat, and electromagnetic fields such as around cell phones, computers, and other electric equipment. However, these remedies easily pass through the X – Rays present in airport security systems.

Main reasons for taking these UNDA #s:

- For Liver Function Support.
- Helps to get free from Hepatic Congestion.
- To help the Liver to Regenerate it itself.



Side Effects of the Product

The Food and Drug Administration looks over various homeopathic remedies, but it does not check to see if there are any side effects caused by these medicines or not. Basically, Homeopathic medicines can comprise of a large number of active ingredients that may be dangerous. Anyone who has any genetic hormonal problems should not take UNDA compound numbers without the guidance of a practitioner.

Precautions & Disclaimers:

1. Always check with a practitioner before taking any remedies suggested, especially if you have cancer, a compromised immune system, autoimmune disease or any other condition. The information in the resource is not meant to be taken as medical advice.
2. If the symptoms still persist or worsen, after using this product, then you should stop its use and first consult your healthcare practitioner.
3. Keep it out of the reach of children.
4. If you are pregnant or breastfeeding, then you should first ask a health professional before use.
5. Do not use the product if the seal is missing or broken.
6. Store the product in a cool or dry place. In case of an overdose of this product, you should get medical help or contact a Poison Control center as soon as possible.

Basic Liver & Kidney Drainage Protocol

UNDA #1: Liver-Kidney-Gallbladder Detox. Unda 1 has an action on the liver and all disturbances of biliary function. It eliminates biliary canaliculi spasms, subicteric conditions and corrects hormonal imbalances caused by faulty cholesterol metabolism. This remedy is indicated for obstruction of the biliary tract, Winckel's disease, afflictions of the gall bladder and jaundice in the newborn infant.

UNDA #20: Degenerative Hepato-digestive Disorders. Unda 20 is an important remedy for detoxification of the duodeno-hepato-pancreatic junction. Reduced filtration of toxins through the liver and gallbladder can cause the formation of calculi. This remedy is indicated for conditions characterized by signs of autointoxication after digestive, hepatic, or cutaneous insufficiency, gallbladder operations, renal and biliary calculi, duodenal ulcers and hepatic indurations.

UNDA #243: Hepatic Conditions. Unda 243 is a major hepatic cell drainer. It rapidly cleans and eliminates the effects of liver intoxication and relieves hepatic congestion. It also facilitates self-regeneration of the liver by eliminating toxins interfering with the enzyme system. This remedy is particularly indicated for overeating and following hepatic and other liver infections. The importance of the liver in chemical metabolism is always present as our central concern; any deficiency in its function will have repercussions in all body systems. This remedy is indicated for drainage of the hepatic cell, for digestive troubles originating in the liver and in cases of intolerance to alcoholic beverages, and pruritis, acne, boils.

Genestra Black Current Bud: stimulates the catabolism of ureas, uric acids and cholesterol. Its berries are rich in vitamin C and bioflavonoids. It has a direct adreno-cortico stimulating action to promote an increase in cortisone-like actions without the iatrogenic consequences. The increase in cortisol helps the immune system in warding and fighting off colds and flu, repeated childhood rhinopharyngitis and respiratory allergies. Primarily, the adreno-stimulant actions have strong anti-inflammatory and anti-allergenic properties that act on the mucosal membranes of the respiratory, digestive and urinary tracts.

Basic Liver & Kidney Drainage Protocol

6-8 wk duration

UNDA #1: 5 drops 3x/day away from food

UNDA #20: 5 drops 3x/day away from food

UNDA #243: 5 drops 3x/day away from food

Genestra black current bud: 10 drops 2x/day
sublingually, 15 mins away from food

Hot lemon water: AM and PM on an empty stomach

Genestra HMF Multi Strain 50: 1 capsule 1-2x/day with
food

Notes: Take the supplements listed above continuously for 6 to 8 weeks to support your liver and kidneys. After you have completed the protocol, consider working with a practitioner to continue the drainage process.

Dietary Suggestions: Eat an alkaline diet rich in fresh fruits, vegetables, soluble fiber, protein and healthy fats. Avoid gluten, dairy, sugar, processed and refined foods. Eat Organic fruits, vegetables, grains and protein to avoid glyphosate and other toxic chemicals from burdening the emunctories. Drink at least 10 glasses of water per day to help drain the kidneys and facilitate uric acid secretion.

